

# Session 1: Find a job that fits





# As your take part



Think about what matters most to you in a job.

What skills do you already have? What kind of work feels right for your life right now?

There's no one way to build a career and that's exactly the point.



# Meet Beverley, Event Enterprise Coordinator

Beverley describes how she worked lots of different jobs, sometimes at the same time, before finding this job that she loves.



“I would also remember that your first job isn’t the job you’re going to have for the rest of your life.”





# Meet Beverley, Event Enterprise Coordinator





# Discuss

Talk in pairs or small groups before  
sharing with the wider group

What are the benefits of trying out lots of  
different jobs, like Beverley has?



# Reflect

Not everyone's first job has to be a job for life.

What would you like to learn?

What compromises might you make if you decided it wasn't going to be a job for life?



# Reflect

Think about your own preferences by completing a “should, would, could” table:

**My job *should*...**

*Things that are most important to you*

Example: My job should involve working with the public

**My job *would*...**

*Things that you would like your job to have*

Example: My job would follow a similar pattern so I know what to expect each day

**My job *could*...**

*Things that your job could do*

Example: My job could involve working weekends



# Meet Joela, Shop Assistant

Joela talks about moving from one sector to another while still doing a similar job. She also talks about how she uses her own experiences to provide the best customer service.



“I thought, yeah, why not? Let’s try something a bit different.”





# Meet Joela, Shop Assistant





# Discuss



Talk in pairs or small groups before  
sharing with the wider group

How important is it that your job has  
lots of structure, like Joela's?



# Reflect

Think about how you could bring your own experience to the workplace, just as Joela did when thinking about customer service.



# Reflect

Write down an example from your life for each of these:

A time that I was in a team....

A time that I helped someone else...

A time that I came up with a plan...

A time when I found a solution to a problem...

A time I made a decision...

A time I had to compromise...

A time I was creative...





# Meet Ben, Verger/Sacristan

Ben has been working to set up the church for church services for nearly 30 years – it's a job that many people won't have heard about before.



“Always be positive about what you can do, no matter how small you might think your gifts are.”



# Meet Ben, Verger/Sacristan





# Discuss



Talk in pairs or small groups before  
sharing with the wider group

## Did anything surprise you about Ben's job? Why or why not?



# Reflect

Think about what “gifts” (skills or qualities) you could bring to the workplace.





# Reflect

Put a word in each of the gift tags that most clearly sums you up:





# What did you think?



Whether you were leading a session, or taking part, we'd love to hear your thoughts.

Share your feedback in this short form:

<https://forms.office.com/e/tqdCgnVY9V>